

15 May 2020

To all our Seasons Residents and Families

I hope you are all well. As you know, the government has announced a “road map” for the easing of restrictions regarding the COVID-19 pandemic. This gives us an opportunity to look at how we might respond within Seasons while still making sure we are looking after the health of all our residents, staff, and families.

You may have read today about a nurse from a Rockhampton aged care facility who went to work with mild symptoms and has now tested positive to COVID-19. This news has reminded us how very contagious this virus is and how we cannot afford to be complacent. COVID-19 is still around and things that we used to do may not be possible anymore.

As a first step, we will be implementing the following, effective this weekend:

1. The length of time **visitors** will be able to stay on site with a resident will increase to **1 hour**. The visiting hours will remain the same unless by prior arrangement with the Community Manager. Children under the age of 16 are still excluded from visiting.
2. **Meals** will continue to be delivered to resident apartments as per current arrangements.
3. **Social Activities:**
 - a. We will commence some “drives” next week for residents in the Seasons buses.
 - b. If families want to take a resident for a drive, then this will be OK but if you do go for a drive then go for a drive only and do not get out of the car.
 - c. If you still drive and wish to go for a drive, then that is fine. Again, make it a drive only.

SPENDING LONG PERIODS OF TIME IN SHOPS AND OTHER PUBLIC PLACES IS STILL DISCOURAGED

- d. Social activities in our communal areas will begin occurring again from next week- arrangements will vary between communities.
4. **Medical Appointments-** if you need to attend a medical appointment, then you are encouraged to do so.
5. **Visits from other service providers-** some of you receive services from other service providers. If you have cancelled your services and wish to resume them, speak with your Community Manager. All providers will need to show evidence they have received their influenza vaccination.
6. **Existing residents self-isolating-** unless you are self-isolating because you are unwell/have symptoms/have been tested for COVID-19 or influenza then we will assess the need to self-isolate for other reasons on a case by case basis. The main reason we would consider it is if you have been in hospital for an extended period or have been away (on leave/staying with family) for an extended period.

Finally, do not forget our policy on mandatory influenza vaccination for all visitors to our Seasons Communities. Evidence of this vaccination is required as you sign in (unless you have already provided it).

If you required any more information, please get in touch with your Community Manager.
Kind regards

Tracy Silvester