

3 January 2021

Dear Resident/Family Members
Re: Reminder about COVID-19 requirements

I hope that you all had a merry Christmas and Happy New Year and that you were able to spend some time with loved ones.

As you would be aware, the situation in regard to COVID-19 in NSW and Victoria seems to be escalating. Greater Sydney is now a designated hotspot, and people returning from NSW must have a border pass in order to enter Queensland. The Chief Health Officer also issued a directive yesterday that people who have been in Victoria since 21 December 2020 should get tested for COVID-19 and quarantine until they return a negative result.

As we have done since the pandemic was declared, we are exercising caution in regard to our residents, with the goal of making sure they (and our staff) are as safe as possible. It has come to my attention that some people are visiting residents of Seasons while unwell with some of the known symptoms of COVID-19 (including runny nose and a cough). As a result, the residents concerned have become unwell and have had to quarantine and be tested for COVID. I ask that you all please consider the implications of these actions, not only for the resident you are visiting but also the whole community in which they live. If you are not well, please DO NOT visit.

As a reminder, if you have any of the following symptoms OR have been in any of the following locations recently (and do not have proof of a negative COVID-19 test), then you should stay away:

- Runny nose
- Cough
- Muscle aches
- Extreme fatigue
- Nausea/Vomiting/Diarrhoea
- Temperature/fever above 37.5 degrees
- Have been to or returned from the Greater Sydney area since 11 December 2020 (these people will resumably have completed their mandatory quarantine and testing processes by now)
- Have been in or retruned from anywhere in Victoria since 21 December 2020 and have not received a negative COVID-19 test result.

I ask you all to please comply with these requirements. Failure to do so puts all who visit and live at Seasons at risk. It also puts our current visiting arrangements and freedom of movement at risk. As always, thank you for your cooperation with this issue. If you have any questions please ask your Community Manager.

Yours sincerely



Tracey Silvester
CEO