Seasons Lifestyle Calendar

September 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1 st September	2 nd September	3 rd September
				8.45am: Bus Trip to Redcliffe 9.30am: Seated Tai Chi 10.30am: Bingo 1.30pm: Knit & Natter 2.45pm: Zumba Gold 4.00pm: Social drinks	9.30am: Mah-Jong 10.30am: Weekend Movie 1.30am: Cards & Board Games 2.30pm: Wrinkles Bar	1.30pm: Rummikubb 2.30pm: Wrinkles Bar 3.30pm: Weekend Movie
4 th September	5 th September	6 th September	7 th September	8 th September	9 th September	10 th September
9.30am: Seated Tai Chi & Meditation 10.15am: Card Making 11.00am: Bingo 1.30pm: Trivia 4.00pm: Social drinks & get together	10.30am: Bingo 11.30am: Bus Trip Lunch at Burpengary Club 1.30pm: Zumba Gold 2.30pm: Knit & Natter 3.30pm: Choir Practice 6.30pm: Cards & Games	9.15am: Chair Yoga 10.00am: Beading class 10.30am: Bingo 1.30pm: Rummikubb 2.00pm: Gold Class Movie 2.30pm: Wrinkles Bar	9.00am: Inter- Denominational Church Service 10.00am: Presentation on Sustainable living 1.30pm: Gardening Group	9.00am: Bus Trip to Sidonie Patisserie 10.15am: Art & Craft 10.30am: Bingo 2.45pm: Zumba Gold 4.00pm: Social drinks & get together	9.30am: Mah-Jong 10.30am: Weekend Movie 1.30am: Cards & Board Games 2.30pm: Wrinkles Bar	1.30pm: Rummikubb 2.30pm: Wrinkles Bar 3.30pm: Weekend Movie
11 th September	12 th September	13 th September	14 th September	15 th September	16 th September	17 th September
10.15am: Card Making 10.30am: Music Concert 1.30pm: Trivia & Quiz 1.30pm: Mah-Jong 4.00pm: Social drinks & get together	9.00am: Walking Group 10.00am: Learn to Rock n Roll 1.30pm: Zumba Gold 2.30pm: Knit & Natter 6.30pm: Cards & Games	9.15am: Chair Yoga 10.30am: Bingo 1.30pm: Rummikubb 2.00pm: Gold Class Movie 2.30pm: Men's Social Gathering	8.45am: Gardening Bus Trip to Soul Op Espresso 12.00pm: BBQ Buffet Lunch 1.30pm: Cards & Games 3.00pm: Choir Practice	8.45am: Bus Trip to Joanne's Spring Garden 9.30am: Seated Tai Chi 10.30am: Bingo 1.30pm: Knit & Natter 2.45pm: Zumba Gold 4.00pm: Social drinks	9.30am: Mah-Jong 10.30am: Weekend Movie 1.30am: Cards & Board Games 2.30pm: Wrinkles Bar	1.30pm: Rummikubb 2.30pm: Wrinkles Bar 3.30pm: Weekend Movie
18 th September	19 th September	20 th September	21 st September	22 nd September	23 rd September	24 th September
9.30am: Seated Tai Chi & Meditation 10.00am: Presentation from Dementia Australia 11.00am: Card Making 1.30pm: Trivia 4.00pm: Social drinks	10.30am: Presentation with Rob Murray 1.30pm: Zumba Gold 2.00pm: Bus Trip to North Lakes 2.30pm: Knit & Natter 6.30pm: Cards & Games	9.15am: Chair Yoga 9.30am: Art workshop 9.45am: Piano concert 1.30pm: Rummikubb 2.00pm: Gold Class Movie 2.30pm: Wrinkles Bar	7.00am: Day Trip to Toowoomba Festival of Flowers 10.30am: Bingo 1.30pm: Cards & Games 2.30pm: Gardening Group	9.00am: Bus Trip to Salt Shop Redcliffe 10.15am: Arts & Crafts 10.30am: Bingo 1.30pm: Knit & Natter 2.45pm: Zumba Gold 4.00pm: Social drinks	9.30am: Mah-Jong 10.30am: Weekend Movie 1.30am: Cards & Board Games 2.30pm: Wrinkles Bar	1.30pm: Rummikubb 2.30pm: Wrinkles Bar 3.30pm: Weekend Movie
25 th September	26 th September	27 th September	28 th September	29 th September	30 th September	
10.15am: Card Making 10.30am: Bingo 11.30am: Trivia & Quiz 1.30pm: Mah-Jong 4.00pm: Social drinks & get together	9.00am: Walking Group 10.30am: Book Club 1.30pm: Zumba Gold 2.30pm: Knit & Natter 2.30pm: Wrinkles Bar 6.30pm: Cards & Games	9.15am: Chair Yoga 10.00am: Monthly Birthday Celebration 10.30am: Music Concert 1.30pm: Rummikubb 2.00pm: Gold Class Movie	10.30am: Gardening Group 10.30am: Bingo 11.30am: Men's Lunch Trip to Norths 1.30pm: Cards & Games 3.00pm: Choir Practice	9.00am: Bus Trip to Morayfield 9.30am: Seated Tai Chi 10.30am: Bingo 1.30pm: Knit & Natter 2.45pm: Zumba Gold 4.00pm: Social Drinks	9.30am: Mah-Jong 10.30am: Weekend Movie 1.30am: Cards & Board Games 2.30pm: Wrinkles Bar	