

# seasons *living*

Autumn 2024



5 STAR  
RESIDENTIAL  
AGED CARE

LIVE LIFE  
BE ACTIVE

RESIDENT  
SPOTLIGHT

OPEN REAL  
ESTATE

RETIREMENT LIVING • HOME CARE • DAY RESPITE • RESIDENTIAL AGED CARE

# Welcome

As we usher in another year at Seasons, I am filled with immense pride and excitement as we continue our mission to provide homes with quality care for senior Australians. At Seasons, we firmly believe that quality of life knows no age, and our diverse range of services plays a crucial role in delivering senior living at its best. Whether our residents are enjoying the independence of our retirement villages, receiving care through Seasons Home Care, residing in our residential aged care facility, or choosing the flexibility of our Seasons Flexi rental communities, our dedicated team remains steadfast in delivering outstanding service.

I am thrilled to share the exciting news that our first retirement living integrated residential aged care facility, called Care Suites at Seasons Mango Hill, has been awarded a five-star rating in late 2023 by the Department of Health & Aged Care. This is a testament to the dedication and hard work of our amazing employees who have commissioned, launched, and managed this new facility. It takes an enormous amount of effort, with a constant focus on compliance and quality care, to attain such a remarkable result.

Over the last 18 months, we have also expanded our Support Office Team, carefully selecting the right individuals to enhance our business and fulfill our company's purpose of delivering senior living at its best in a safe, vibrant, and caring community. Our robust organisational structure is equipped to navigate compliance, reforms, and business growth, promising an exciting future for Seasons as we continue to expand.

To our current residents we thank you for being part of the Seasons family. Together, we are creating communities where seniors can thrive, and I look forward to the continued success and growth of Seasons in the years ahead.

Jodie Gaske  
Chief Executive Officer



## Seasons Sinnamon Park Update

Construction is progressing well on Seasons Sinnamon Park stage 2. We eagerly anticipate welcoming many new residents in the future as they embark on a new and enriching chapter of their lives.

Stage 2 will feature retirement living, home care services, day respite and an integrated residential aged care facility, complimented with a exceptional lifestyle program.



*Brendan Smith (Olympic Swimmer), John Gayton (resident) and Christine Middleton (sales consultant) reviewing stage 2 plans.*

Australian  
Government  
Assessed Staff  
Quality Rating



FIVE STAR



Resident 'Spider' (Joan Webb) brings light and laughter to everyone at Seasons Mango Hill, bringing joy to all in the community.

## Quality Residential Aged Care

In late 2023, the Department of Health and Aged Care visited a number of residential aged care facilities in Australia to review and rate the best facilities. Our first retirement living integrated residential aged care facility, called Care Suites at Seasons Mango Hill, has been awarded a five-star by the Department of Health & Aged Care. This rating has been reflected by our care workers spending double the time with residents than the target set by the government. This achievement is a testament to our staffs' dedication and commitment.

Care Suites not only provide residential aged care and respite but will also introduce home care funding respite options in 2024, offering even more flexibility and support for our valued residents.

Our Mango Hill Care Suites provide 30 spacious rooms purposefully designed with a private, fully accessible bathroom, kitchenette, and space for visitors.

Residents in Care Suites also have access to onsite community amenities including pool, cinema, café, vibrant lifestyle program and freshly prepared meals.

We are proud to offer a range of ageing in place options, to ensure our residents can comfortably age with grace, within our communities.

For more information regarding available suites contact:

✉ [cs.mangohill@seasonsliving.com.au](mailto:cs.mangohill@seasonsliving.com.au)

☎ (07) 3498 2850 or 0427 248 549

🌐 [seasonsliving.com.au/care-at-seasons](http://seasonsliving.com.au/care-at-seasons)

“Our staff are absolutely committed to spending care time with residents. We are a boutique home and that’s our brand.”

*Executive Manager Care*  
Shannon Philips



# Live life and be active at Seasons Living!



At Seasons Living we know that being active is not just an important part of life but a way of living.

Our communities provide freshly prepared meals daily and come to life with vibrant lifestyle programs tailored to suit our residents and their needs. From a range of onsite amenities like our cinema, hair salon, pool and gym you won't even need to step outside your community to find an activity to suit you!

To find out more visit [seasonsliving.com.au/be-active](https://seasonsliving.com.au/be-active)



Mango Hill residents Ursula & Gordon enjoying a dance in the dining room on Melbourne Cup Day



Swim stroke classes with Australian Olympian Brendan Smith and our Mango Hill village



Active lifestyle chair yoga



## Catch up with Nicola

We had the wonderful opportunity to catch up with Nicola, Sales Consultant at Waterford West. Find out more below on Nicola's journey with Seasons Living.

### Q&A WITH NICOLA:

**Q. How long have you worked with Seasons Living Waterford West?**

**A.** I have been at Seasons for two and half years.

**Q. What's the Seasons difference?**

**A.** The Seasons Difference is in the people and unique nature of the business. Each community has its own identity while the Seasons brand gives continuity. Our hybrid nature bridges the gap well between independence and personal care and support services.

This means people get the best of both worlds; to live independently with choice, and if circumstances change, there is care onsite 24/7, 365 days.

**Q. What do you love about working at Seasons?**

**A.** I love to hear a person's story, where they are from, what they did, how they grew up, how they think and feel, what scares them, what lights them up.

**Q. What's the most fulfilling part of your job?**

**A.** Solving problems and being able to provide a solution, when I speak to a resident after they have moved in and they tell me all the things they love about their new home and the friends they have made, that completely makes my day.

**Join Nicola for a tour!**

 Call 0439 389 849

Take advantage of our **We Will Move You** promotion at **Seasons Waterford West**.



\*8 April 2024, inclusive to 31 May, 2024

## Meet Peter, our Community Manager

Peter has recently joined Seasons Waterford West, bringing 20 years' experience from both healthcare, aged care and independent living.

A continuous learner, Peter thrives in developing a vibrant, efficient and collaborative community for residents and Seasons employees.

Being a father of two daughters means Peter can relate to the importance of connection and community, instilling these values as part of his role at Seasons.

**Q. What is the most rewarding part of working as a Community Manager?**

**A.** Knowing what I do has a positive impact on the community is a truly fulfilling experience for me as part of my job.

**Q. What do residents love the most about Seasons Waterford West?**

**A.** Residents love maintaining their independence and choosing their own schedule, whilst benefiting from a community of support around them.



# From High Tea To Green Thumbs

## MANGO HILL

Seasons Mango Hill have been out and about enjoying a trip to Bribie Island Butterfly Farm. Residents were immersed in a wonderland of over 700 different butterfly species. The residents even managed to fit in a stop to Kenilworth Bakery to enjoy a cream donut.

Mango Hill also hosted a Valentine's Ball in February. DJ Dave had residents on the dance floor, with great food, drinks and company so residents could dance the night away.



Residents letting their hair down at Seasons Mango Hills Valentines Ball

## SINNAMON PARK

Seasons Sinnamon Park has kicked off the new year with their lifestyle program attending their local Bunnings Kokedama workshops. Residents brought along their green thumb skills coupled with a bit of mess and a lot of laughter.

February provided the community an opportunity to bring out the fine china and celebrate Valentine's Day with High Tea and a Cupid hunt around the community.



Seasons Sinnamon Park residents finding their green thumb

## WATERFORD WEST

Seasons Waterford West recently hosted a wonderful social luncheon with residents, accompanied by live music by Ian Smeed, and prize draws.

The community also enjoyed a delicious Easter morning tea with chocolates, raffle prizes and a special visit from the Easter bunny himself.



Seasons Waterford West Residents enjoying the Australia day event





## Art and Life with Wyn Vogel

**Meet Wyn Vogel, a talented artist and leader of the Australian Watercolour Muster. Wynn, now a resident of Seasons Sinnamon Park, shares her experiences, inspirations, and the connection between her art and life at Seasons.**

### A Glimpse into Wyn's World

Wyn's artistic journey began in the scenic Blue Mountains, where she grew up with her Mum who was very creative with her life. From an early age, Wyn had a paintbrush in hand. Today, Wyn works passionately at her Fish Lane Studio in West End. She works with her preferred medium watercolour and uses a mix of oils to create her vibrant array of abstract art.

### Life at Seasons Living

Wyn and her husband Norman made the move to Seasons Living, for a supportive environment that would allow them both to thrive.

Seasons Living's Home Care support has given Wyn freedom to pursue her artistic passion while providing Norman the care he needs in a safe and supporting environment where they can both live together as a couple.

"The support Seasons offers gives me freedom. I have been encouraged and supported by various people to get the help we need so I am able to look after myself and follow my passion." I have been able to lead the Australian Watercolour Muster that we started in 2018. We travel to Italy each alternate year, I was able to attend this year knowing Norman was in safe hands.

### Looking Ahead

The balance between care and independence at Seasons Living has been the welcoming change Wyn needed to continue to pursue her passion of art and teaching others.

As Wyn continues her journey at Seasons Living and adventures around the world, she values finding balance and peace of mind.



Discover  
more about  
Seasons Living  
[seasonsliving.com.au](http://seasonsliving.com.au)

# Our Communities

## SALES COMMUNITIES

### MANGO HILL

28 Akuna Way,  
Mango Hill, QLD

**Sales Enquiries:**

📞 Julie on 0411 654 026



### SINNAMON PARK

147 Oldfield Rd  
Sinnamon Park, QLD

**Sales Enquiries:**

📞 Chris on 0472 878 783



### WATERFORD WEST

881 Kingston Rd  
Waterford West, QLD

**Sales Enquiries:**

📞 Nicola on 0439 389 849



## RENTAL COMMUNITIES

### BRIBIE ISLAND

44/46 Melrose Ave,  
Bellaara, QLD



### CALOUNDRA

30 Baldwin Street,  
Golden Beach, QLD



### EASTERN HEIGHTS

44 Grange Road,  
Eastern Heights, QLD



### KALLANGUR

1321 Anzac Ave,  
Kallangur, QLD



### REDBANK PLAINS

15 Argyle Street,  
Redbank Plains, QLD



### RENTAL ENQUIRIES

For any rental enquiries please  
contact us on:

✉ [rentals@seasonsliving.com.au](mailto:rentals@seasonsliving.com.au)

Visit our website:

🌟 [seasonsflexi.com.au](http://seasonsflexi.com.au)



Home Care available at Mango Hill, Sinnamon Park, Waterford West, Bribie Island, Caloundra, Kallangur and Redbank Plains.









# Open Real Estate

## MANGO HILL









2 Bedroom Apartments  
from \$469,000

-  2 Bedroom
-  2 Bathroom
-  Laundry
-  Lounge Room
-  Kitchen
-  Balcony/Patio

## SINNAMON PARK









2 Bedroom Apartments  
from \$485,000

-  2 Bedroom
-  2 Bathroom
-  Laundry
-  Lounge Room
-  Kitchen
-  Balcony/Patio

## WATERFORD WEST



2 Bedroom Apartments  
from \$385,000

-  2 Bedroom
-  2 Bathroom
-  Laundry
-  Lounge Room
-  Kitchen
-  Balcony/Patio

-  Meals prepared fresh
-  24/7 onsite care
-  Pet friendly
-  Vibrant lifestyle calendar

 To book a tour, visit [seasonsliving.com.au](https://seasonsliving.com.au)



## We Welcome Feedback

At Seasons we recognise that feedback, provides a valuable opportunity to improve. We welcome all forms of feedback. If you would like further information regarding our complaints management approach, please speak with the Community Manager or email [info@seasonsliving.com.au](mailto:info@seasonsliving.com.au)
















## Charter of Aged Care Rights



### I have a right to:

1. safe and high-quality care and services;
2. be treated with dignity and respect;
3. have my identity, culture and diversity valued and supported;
4. live without abuse and neglect;
5. be informed about my care and services in a way I understand;
6. access all information about myself, including information about my rights, care and services;
7. have control over and make choices about my care, and personal and social life, including where choices involve personal risk;
8. have control over, and make decisions about, the personal aspect of my daily life, financial affairs and possessions;
9. my independence
10. be listened to and understood;
11. have a person of my choice, including an aged care advocate, support me or speak on my behalf;
12. complain free from reprisal, and to have my complaints dealt with fairly and promptly;
13. personal privacy and to have my personal information protected;
14. exercise my rights without it adversely affecting the way I am treated.

### Support Services:

 <b>Older Persons Advocacy Network</b>	 1800 700 600	 <a href="http://opan.org.au">opan.org.au</a>
 <b>My Aged Care</b>	 1800 200 422	 <a href="http://servicesaustralia.gov.au">servicesaustralia.gov.au</a>
 <b>The Aged Care Quality and Safety Commission</b>	 1800 951 822	 <a href="http://agedcarequality.gov.au">agedcarequality.gov.au</a>
 <b>NDIS</b>	 1800 035 544	 <a href="http://ndiscommission.gov.au">ndiscommission.gov.au</a>
 <b>ARQRV</b>	 1800 951 822	 <a href="http://arqrv.org.au">arqrv.org.au</a>

ARQRV is a government-recognised agency for retirement village residents and can help provide support and advise to residents for a membership fee. Please contact ARQRV for further details.