

seasons *living*

Winter 2026
seasonsliving.com.au



STAFF TO
SHINE AT
EXCELLENCE
AWARDS

LIFESTYLE
HELPING
SENIOR
MEN THRIVE

AN HONEST
REVIEW OF
AGED CARE
REFORMS

OUR
COMMITMENT
TO GREENER
FUTURE

Welcome

As we enter winter and the mid-point of the year, it is a great time to pause and reflect on what we have achieved so far, and what exciting opportunities are on the horizon in the months ahead.

As Seasons People & Culture Manager, it is my responsibility to guide and develop the greatest asset of our business – our people. With a current workforce of approximately 275 employees, we are predicting around 50 new job opportunities will be created by the end of the year with the opening of our newest community - Sinnamon Park Stage 2. As a growing purpose-driven business, our values and culture underpin everything we do.

At the heart of our employee experience is a shared commitment to doing what is right, supporting one another, and creating a workplace where everyone feels valued and respected.

This year sees the launch of Seasons Excellence Awards – an annual awards program that recognises and celebrates individuals who go above and beyond in their role and embody Seasons values in their everyday work.

As our valued residents, I encourage you all to participate in our inaugural awards by nominating the team members who you feel have truly made a difference to your health and wellbeing, and quality of life. Please scan the QR code below to use our online nomination form or submit a paper nomination form at reception.

Winter also brings the celebration of Aged Care Employee Day that recognises over 370,000 staff within the aged care workforce – from nurses to personal care workers, to lifestyle coordinators, hospitality teams, drivers, cooks, administration staff and so many others. Every Seasons employee makes a vital contribution to our purpose of creating safe, vibrant and caring communities that empower older Australians to age independently.

I look forward to sharing the winners of the Seasons Excellence Awards with you later in the year.



Andreas Ewert
People & Culture



Seasons Excellence Awards



Nominate a Seasons employee who makes a difference. Help us celebrate outstanding contributions across our team! Simply scan the QR code to submit your nomination.



In brief: Holland Park coming soon

The Seasons Living Team is excited to announce our newest boutique retirement living community in Holland Park is now accepting expressions of interest for its wait list.

Considered one of Brisbane's most sought-after locations, Holland Park is perfectly positioned, located close to the buzz of the city, but still offering the tranquility of suburban living.

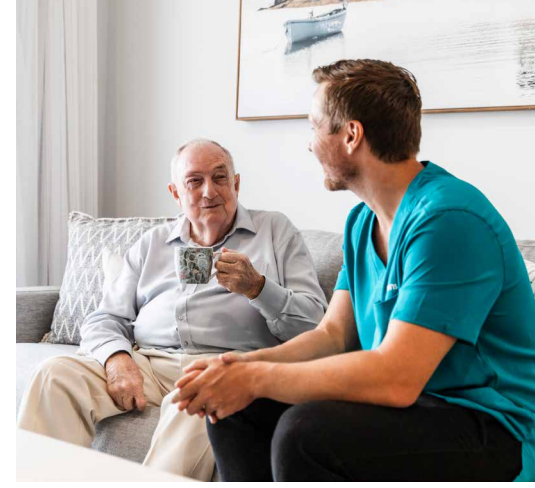
Our vibrant new community at 95 Birdwood Road is currently under construction and once complete, will feature a collection of beautifully appointed 1, 2 and 3-bedroom luxury apartments. Thoughtfully designed for comfort, style and convenience, our apartments will feature spacious layouts, quality finishes and a contemporary design.

As with every Seasons community, residents will have peace of mind knowing care is available onsite 24/7, if and when required. Embrace your retirement with confidence at Seasons, with independent living for seniors and the added reassurance of quality care.

Seasons Holland Park will deliver the best of both worlds with security and a lifestyle you deserve in an area you will love.



Register your interest today at
seasonsliving.com.au or email
info@seasonsliving.com.au



Support at Home Reform: Navigating Change Together

The Aged Care sector is currently experiencing one of the most significant periods of reform in its history.

The introduction of the Support at Home program in November 2025, which replaced the former Home Care Package program, represents a major shift in how in-home aged care services are funded, delivered and administered across Australia.

While these reforms are designed to improve the long-term sustainability of the aged care system and increase transparency for consumers, the transition has required substantial change across the entire sector. Providers have needed to adapt to new funding models, revised pricing structures, enhanced reporting requirements, and significant digital system upgrades to integrate with Services Australia and My Aged Care.

Across the industry, there have been widely reported challenges associated with the transition, particularly with system integration and system compatibility. As a result, many providers including Seasons have experienced delays in finalising and issuing client statements and invoices during the early implementation phase. We acknowledge that some Seasons Care clients have been affected by these delays and we sincerely appreciate the patience and understanding shown as the sector works through these technical and operational adjustments.

The Support at Home program has also introduced important structural changes that require providers to operate as efficiently and cost-effectively as possible to remain sustainable. Under the new program, Package Management fees have been removed and Care Management charges are now capped at 10% of a client's budget.

While these changes are designed to direct more funding toward frontline care and services, they require providers across the sector to carefully review operational models and service delivery approaches to ensure long-term viability.

The aged care sector continues to prepare for ongoing reform under the Support at Home program. While the Australian Government had proposed introducing price caps for services, implementation has now been indefinitely delayed.

In the meantime, the Aged Care Quality and Safety Commission has been granted additional powers, including the ability to require refunds where participants have been overcharged. Seasons remains committed to transparent pricing, value for money, and keeping residents, participants, and families informed as reforms continue to evolve.

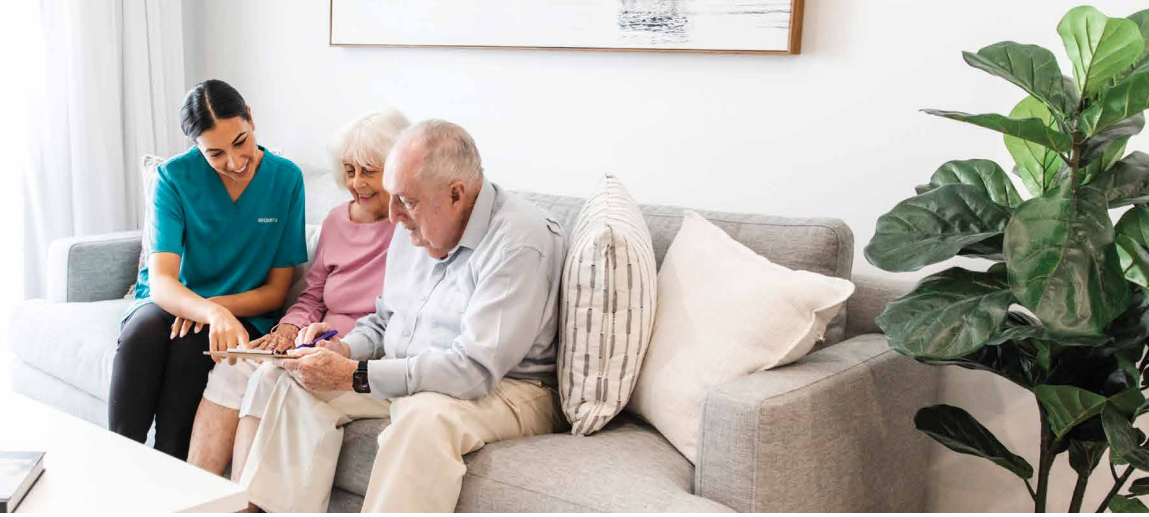
We would like to extend a sincere thank you to our care clients and their families for their patience, understanding and support as we navigate these reforms together.

Throughout this period of significant change, Seasons staff members have worked tirelessly behind the scenes to implement the new changes while continuing to deliver compassionate and high-quality care. We acknowledge and congratulate our Seasons Team for their professionalism, resilience and unwavering commitment. From Care to Finance, Administration and Leadership, the collaboration, adaptability and dedication demonstrated throughout this transition has been exceptional. The efforts of all team members have ensured that the people we support remain at the centre of everything we do.

Seasons remains firmly committed to delivering exceptional care now and into the future. As the Support at Home program evolves, we will continue to communicate openly with our clients and their representatives, and work collaboratively to navigate these changes together.



Find out more about
Seasons Home Care at
seasonsliving.com.au/home-care



Would you like to be part of our Consumer Advisory Committee?

Seasons is inviting nominations to join our established Consumer Advisory Committee (CAC), in line with our obligations as an approved aged care provider.

As part of our annual commitment, we are welcoming new members from across our communities to participate in this important forum.

The CAC provides care clients (Home Care and Residential Aged Care) and/or their representatives with an opportunity to share feedback on the quality of care and services we deliver. Your insights and lived experiences help inform improvements and shape how we provide care into the future.

If you would like to contribute, we encourage you to nominate. Nominations open on 1 June 2026 and are expected to be finalised in July 2026. All nominees will be advised of the outcome. You can nominate by completing a form by visiting our website, scanning the QR code below or a paper-based form available at reception. Existing members will also need to apply to join the CAC again.

Q. Who will be members of the Consumer Advisory Committee?

A. The Committee will ideally comprise 6-10 members, including Support at Home participants, Residential Aged Care residents, and/or their nominated representatives. Membership will aim to reflect a balance across our services, as well as the diversity of the individuals we support.

Q. How does member selection occur?

A. Nominations will be reviewed by Seasons' Senior Executive Team and Governing Body against assessment criteria, including background, motivation, and alignment with our values. Where possible, nominations from residents and clients will be prioritised. Representation across locations, care needs, and cultural groups will also be considered. All nominees will be advised of the outcome.

Q. What is involved and how will it work?

A. The Committee is expected to meet quarterly (approximately four times per year), with each meeting lasting around two hours. Discussion topics may be raised by CAC members based on their observations or feedback from other care clients. The Seasons Governing Body may also nominate topics for consideration, including focus groups for key projects. Meetings will generally be held at Seasons Living Mango Hill (28 Akuna Way), although locations may vary. Members can attend in person or online. Transport support and refreshments will be provided where required.

Members are expected to:

- Attend meetings (or advise if unable to attend)
- Review meeting materials (with support if required)
- Maintain confidentiality
- Declare any conflicts of interest

Members are encouraged to suggest agenda items and contribute to discussions. The CAC is advisory only and does not have decision-making authority. Members are not authorised to make public comments on behalf of Seasons. Seasons' Governing Body will work with members to ensure the Committee is effective and focused on matters important to consumers.

Please note: The CAC is not a forum for resolving individual concerns or retirement village matters. Concerns can be raised directly with management or through the feedback process.

Further information

If you have any questions or would like more information, please contact:



Shannon Phillips – Executive Manager Care

📞 1300 732 766

✉ governance@seasonsliving.com.au

Thank you for caring: Everyday heroes make Seasons shine

Every day, Seasons employees enter our communities, wear their uniforms with pride and work tirelessly to ensure our residents can live comfortably and happily. Whether you are part of our kitchen, cleaning, administration, maintenance or clinical care team, Seasons proudly recognises and appreciates the contribution each of you makes. Aged Care Employee Day is celebrated annually on August 7 and provides an opportunity to acknowledge our diverse workforce and the meaningful impact our employees have in the lives of older Australians.

To the entire Seasons team - thank you for caring.



Atong:

Since the day Seasons Sinnamon Park first opened its doors in 2018, Atong Chaw has arrived in the early hours of each morning, to start her shift as a Personal Care Worker.

Driven by her genuine desire to help others, Atong has personally made a profound difference in the lives of hundreds of residents and their families, through the exceptional care she provides. "I have always loved working at Seasons," she said.

"Working with residents, getting to know them and making sure they feel safe, respected and content is the most rewarding job.

"I believe person-centred care means getting to know residents one-on-one and truly understanding them at their core, so you can deliver the best care possible."

Inspired by her colleagues and their dedication, Atong said she was grateful to work alongside a team of hardworking, kind and friendly carers.

Jolene:

When it comes to a career in care, few professions are as rewarding and offer as many pathways, as Jolene Everett has discovered. After five years of working as a Personal Care Worker at Seasons, Jolene is now set to continue working at the retirement community as a recently graduated Registered Nurse.

"Healthcare has always been my passion," she said. "What I enjoy most about my work is the diversity of people I interact with each day, and the chance to learn from staff and residents and grow through their guidance."

After receiving encouragement from a close friend to continue her education journey, Jolene decided to study nursing. While she admits she was initially hesitant about adding the extra commitment to her already busy schedule, Jolene quickly found herself fascinated by the content and excited about her new career prospects.

"Advancing my studies has helped me better understand the complexities of chronic illness and has strengthened the support I can provide to our residents," she said. "Seeing the bigger picture helps me provide more thoughtful, well-rounded support and I hope others who are continuing their studies consider choosing a similar path at Seasons.

"The Seasons Management Team has been incredible in supporting my gradual transition, while also ensuring I can maintain financial stability with flexible and consistent shifts.

"Everyone helps in whatever way they can, even if it's simply by offering a supportive ear."

Passionate about person-centred care, Jolene said her role was about advocating for and assisting residents, while always protecting and respecting their independence, autonomy and choices.





Fit future: Why men's health matters more than ever

As men enter their retirement years, maintaining optimal health and wellbeing becomes more important than ever. Heart health, diabetes, mobility, arthritis, high blood pressure and mental health are just some of the health challenges many senior men face or navigate daily.

At Seasons, we are committed to supporting male residents through every stage of their retirement, with a dedicated Care Team, vibrant Lifestyle Program and wholesome meals provided daily. By staying active, socially connected and informed, older men can better manage or prevent many serious health concerns.

Many wonderful gentlemen call Seasons home, with each one enriching our communities – one of the many reasons men's health matters. From June 15 to 21, we are shining a light on the health challenges senior men face and encourage our male residents to take proactive steps toward a fit future.

Doug:

When it comes to keeping busy, Doug is a master. The retiree moved into Seasons almost four years ago, after being heavily involved with community organisations including Apex, The Rural Fire Brigade, Neighbourhood Watch and Men's Shed, for decades.

"I tend to always end up in Treasurer roles because handling money is a job others don't want, but I've always enjoyed it," Doug said.

"After 20 years of being treasurer and the District Governor of Apex Brisbane, I went 'Right, I'm not doing anymore committees,' but that never lasts long."

Doug and his wife Barb quickly embraced life at Seasons and regularly take part in the community's Aqua Zumba classes, card games, craft or the monthly men's and women's trips.



In addition to these activities, Doug is also known for calling Bingo and running tipping competitions for the AFL, NRL and Melbourne Cup.

"Barb always insists that I take part in things as she is very social herself," he said.

"I'm usually one of only two men who do Aqua Zumba, but it has really improved my health and helped keep me mobile."

After experiencing several health challenges over the years, Doug said his participation in the Lifestyle Program had improved his health both mentally and physically.

"Normally when I get my Diabetes check, my HbA1c runs at eight or nine per cent, which is quite high," he said.

"After months of doing Aqua Zumba, my most recent result was 6.6, which I haven't seen in about 15 years.

"I also previously had Prostate Cancer and my recent PSA result was below 0.2, which is excellent, so health wise, the lifestyle activities have been really great for me."

The retiree said he encouraged other seniors to get involved in the program as much as possible as it was not only beneficial to health, but was also a great way to make friends.

Peter:

After being diagnosed with severe Rheumatoid Arthritis at the age of 40, Peter struggled to walk at one stage, but with the help of specialists, medication and the Seasons Lifestyle Program, he is now thriving.

The Seasons resident regularly participates in community activities, joining the walking group to complete laps of the lake every day, playing snooker and table tennis and volunteering behind the community bar.

While Peter values the importance of maintaining his physical health, he also ensures he remains mentally stimulated by playing chess and mahjong and socialising with others.

"(Those activities) have definitely helped with my health challenges," he said.

"It's important for everyone regardless of their age, but especially once you retire, that you put yourself out there, join clubs and stay social."

Previously working for the Royal Navy, Peter, and his wife who attended and lived onsite at a teacher's training college, said they were well-equipped for communal living when they moved to Seasons.

"We knew what to expect from day one," he said.

"I can't really offer advice to others who may find the transition more difficult, but I can assure them that once you settle in, put yourself out there and give everything a go, you will really enjoy the lifestyle."



Tips to stay in top shape*:



Get moving, keep grooving

Aim for at least 30 minutes of daily exercise and try to incorporate balance, strength training and aerobic activities where possible. The Seasons Lifestyle Program offers regular walking groups, chair yoga, sound meditation and Aqua Zumba during the warmer months.



Fuel your body

Enjoy a nutrient-dense diet incorporating plenty of fruits, vegetables, whole grains and lean proteins, and stay hydrated! According to the Australian Government website, men aged over 50 should consume approximately 2.6L (about 10 cups) of water a day, while alcohol intake should be reduced to no more than 10 standard drinks a week. Our talented team of hospitality professionals and nutritionists have thoughtfully designed a wholesome and nutritious seasonal menu for you to enjoy daily, ensuring your dietary requirements are met.



Stay proactive and protected

Make sure you keep your Vitamin D and Calcium levels up to ensure your bones remain healthy and strong. Attend regular health screenings and specialist appointments and never stay silent if you notice something unusual or feel unwell. Remember, the Seasons Care Team is always here to assist you and when it comes to your health, no question is a silly one!



Be a social butterfly

Forming friendships and strong bonds provides ample benefits, from improved sleep and mental health, to reduced cardiovascular disease and quality of life. According to the World Health Organisation, social isolation can be as detrimental as smoking 15 cigarettes a day. The Seasons Lifestyle Program holds many social outings throughout the month, from men's day trips and themed lunches, to live music sessions and group trivia.



Train your brain

Keep yourself mentally stimulated by reading, writing and playing cards, board games and Sudoku or crossword puzzles. The Seasons Lifestyle Program has a range of activities designed to keep you thinking including group games, trivia, the inhouse Ukulele band rehearsals and more. Plus, it is never too late to pick up a new skill. Contact the U3A to study a course or ask our Lifestyle Team for ideas on how we can best support you.



Chill out

Manage stress levels by engaging in mindfulness, breathing exercises and incorporating all other health tips. Make sure you listen to your body and rest when needed. Aim to achieve approximately seven to eight hours of sleep every night. The Seasons Lifestyle Program features great activities to achieve your inner zen whether it be Tai Chi, sound meditation or Gardening Club.



WORLD
ENVIRONMENT
DAY



Sustainably starts at Seasons: Thank you for protecting our planet

Small actions can make a significant impact on our globe as the call for climate action grows louder. Seasons is strongly committed to protecting our environment and residents by adopting several new sustainable practices in our communities. We are proud to see the efforts of our staff and residents, who are working tirelessly to reduce carbon emissions through everyday initiatives, including the installation of solar panels, recycling bins, onsite herb gardens and a reduction in paper use. This World Environment Day, we celebrate and thank you for choosing to protect the world around us.

Solar panels light up our communities

Seasons Waterford West has recently completed the installation of a 99.44kW commercial solar PV system, comprising 226 high-efficiency solar panels and a three-phase Sungrow inverter.

The system is expected to generate approximately 141,653 kWh of electricity annually, helping to reduce community expenses. While reducing reliance on grid electricity, particularly during peak demand periods.

In addition to the financial benefits, the system will reduce greenhouse gas emissions by approximately 113 tonnes annually, supporting Seasons' broader sustainability objectives.

Seasons Regional Facilities and Infrastructure Manager Kyle Loveday said the initiative reflected the organisation's commitment to long-term value through sustainable infrastructure and operational efficiency.

"Investing in solar across our communities is a key step in future-proofing our operations," he said.

"It allows us to manage rising energy costs, while also delivering more sustainable outcomes for our residents.

"Projects like this set the benchmark for how we continue to improve and modernise our Seasons Living communities."

The Waterford West installation follows the completion of earlier solar projects at Mango Hill, while Sinnamon Park works are scheduled this year, once our submission is approved.





Homegrown goodness: How Residents Help Shape Every Meal

Whether it's a sprinkle of rosemary on lamb or chives stirred through creamy pasta, every dish plated by the Seasons Mango Hill Hospitality Team carries a heartfelt contribution from our residents.

Members of the Seasons Garden Club plant, grow and nurture a variety of vegetables and herbs onsite, which are then harvested and used by kitchen staff to garnish meals for residents.

"The contribution from the Garden Club makes such a difference, as the ingredients grown in the community are so fresh," Seasons Mango Hill Head Chef Chrissy Hayer said.

"We love that our residents have an input in the dishes they sit down to enjoy – that is a very special."

Seasons resident and Garden Club member Annette Saunders said being part of the garden to plate process gave her a sense of achievement.

"It is so satisfying to see something you have helped grow appear on your lunch or dinner and presented so beautifully," she said.

The Seasons resident said there were many benefits to joining the club including the strong camaraderie.

"The group usually goes on a trip to Bunnings and local garden centres to choose the herbs we want to plant, which is always really lovely," she said.

"I love the fact that we're just spending time outside playing with dirt – it's so good for the soul.

"It's even great for residents who are not involved with the club, who can go sit in the garden and look at something pretty."

Born with 'green thumbs', Berni Doran has always had a fascination for gardening and the great outdoors.

Since moving into Seasons, the avid gardener has been an active member of the Garden Club and is now well-known for being the community's orchid expert.

"The secret to a thriving orchid is using liquid fertiliser and mimicking the right climate conditions, so it can continue to grow," he said.

"Sometimes orchids like a hot, humid and rainy Summer, but a cold and dry Winter, so you really need to find the perfect balance to encourage flowering and avoid root rot."

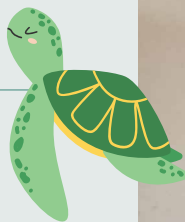
When the Seasons resident is not tending to orchids, he also helps grow radish, cos lettuce and spring onion seedlings for the kitchen to incorporate into dishes.

"I've always been a gardener and had a strong interest in horticulture in general," he said.

"When I was a kid living out West, I used to help an old Italian friend to weed his vegetable garden, and I even loved it back then."



Resident mission to save world



One of 10 children, Trish Webb was taught from a young age to always recycle, avoid single-use plastics where possible and repurpose everything.

Bringing her lifelong passion for the environment to Seasons, the Waterford West resident continues to live by this philosophy today, leading the charge by introducing the community's recycling initiative.

"It all started when I was helping out behind the bar and noticed everything was being thrown away instead of recycled," Trish said.

"Now every single can or bottle we use is taken to the Containers For Change depot.

"Growing up, my father insisted everything be recycled and it's something I have always carried with me."

Residents at Seasons Waterford West send hundreds of items to the recycling plant each year, with their contributions not only benefiting the planet, but the entire community too.



Proceeds raised through their efforts go straight back to the residents, whether it be a Chinese takeaway dinner or Kentucky fried chicken feast to share on New Year's Eve.

"I've seen what we've (humans have) done to the world and it breaks my heart," Trish said.

"The ocean is full of rubbish and we're taking in so many microplastics every day.

"It terrifies me because I want to leave something good behind for my grandchildren and great grandchildren.

"The more people who recycle, the more chance we have of making a difference."

Containers For Change bins will now be installed onsite at the Seasons Waterford West community, creating further awareness and opportunities for residents, staff and visitors to participate.



Steps to reduce carbon footprint:



Conserve water

Keep our dams full, rivers flowing and native wildlife hydrated by taking shorter showers, turning off the tap when brushing your teeth and running dishwashers on full loads.



Plate up plants

Enjoy red meat dishes in moderation with research showing animal-based foods cause approximately 10 per cent of Australia's greenhouse gas emissions.



Switch to LED

Save up to 90 per cent of energy compared to traditional lighting, with LED bulbs being often free from toxins including mercury, more environmentally-friendly and having a longer lifespan.



Reuse, refuse and reduce

Buy pre-loved goods, repair items rather than buying new, avoid single-use plastics where possible and always recycle items correctly.



Switch off

Turn off your lights, appliances and electronic devices when not in use.

Life at Seasons

MANGO HILL



GLAMMED UP: Treated to an afternoon of pampering, the ladies of Mango Hill began their session with a step-by-step skin care tutorial by specialists, followed by professional make-up application. Residents looked beautiful and took plenty of photos.

SHAM-ROCK OUT: Good luck charms were sprinkled throughout the community in celebration of St Patrick's Day. Musician Linda Joy delivered an incredible performance on her saxophone and flute, while resident Ray played the harmonica during lunch. Diners enjoyed a delicious meal and captured memories in an Irish-inspired photobooth.



GIVING BACK: Patients at Caboolture Hospital were over the moon after they received generous handmade donations from Seasons residents Barb, Joycelyn and Margaret. The kind-hearted trio gifted a collection of beautifully crocheted blankets and comfort squares to bring joy to staff and patients.

SEASIDE SCAPE: Prawn salad, calamari with chips and refreshments were on the menu for the 20 gentlemen who attended the monthly Men's Lunch at the Moreton Bay Boat Club. The group enjoyed catching up, while overlooking the marina and admiring the yachts.

MANGO HILL CARE SUITES



TIMELESS TREASURES: Cherished childhood memories were exchanged during a session with the team from North Lakes Library. Residents enjoyed looking through memory boxes filled with vintage toys, games and children's books.

BRUSH HOUR: The inner artists of our Care Suites showcased their talents as they painted beautiful masterpieces on canvas. Subjects ranged from dinosaurs and cows, to unicorns and flowers. The 'paint, sip and snack' session was complete with drinks and nibbles.

DOLLY DIARY: After dedicating a significant portion of her life to the art of dollmaking, resident Doreen stopped by the Care Suites to showcase some of her porcelain doll creations. Discussing the process of dollmaking with her fellow residents, Doreen spoke about the intricate painting of the eyelashes and handsewn socks, to the casting and firing of the dolls in the kiln.



EGG-CELLENT: Hopping into the Easter spirit, a special visitor stopped by the Care Suites to hand out cuddles, high-fives and chocolate eggs of course. The Easter Bunny stopped by the community to greet residents, before they enjoyed an Easter lunch, markets and concert.

SINNAMON PARK



YUM CHA: The year of the Horse kicked off with a bang as the dining room transformed into a Chinese restaurant. Adorned with colourful lanterns, paper fans and parasols, residents enjoyed the setting as much as the food with a banquet of spring rolls, fried rice and crunchy golden chicken served.

TREASURE TROVE: Astonished residents gathered for a special 'show and tell' session, where they presented some of their most prized possessions and shared the precious stories behind them. Highlights included John's British coin from 1797, Jenny's Great Grandfather's journal from 1875 and El's crocheted wedding dress.



FAIRY GARDEN: Magical creations came to life during an engaging terrarium-making session. Residents filled glass jars with decorative pebbles, soil and succulents, before applying the finishing touches of sweet ornaments and glass stones. The crafty residents proudly displayed their stunning pieces in their apartments.

HAPPY DAYS: Nothing was 'finer' than being at the Sinnamon Park diner when it transformed into a scene from the 1950's for a themed dining event. Residents and staff dressed in poodle skirts, polka dots and leather jackets, while tables were decorated with vinyl records and retro decor. Diners were served summer herb salad and chicken wellington, followed by lemon curd meringue nests for dessert.

WATERFORD WEST



TINY VISITORS: Generations bonded over fun and games when kindergarteners visited residents at the Waterford West community. The heartwarming moments took place during the first session of Seasons' new partnership with Marsden Early Learning Centre.

WINGING IT: Residents spread their wings on a trip to the Bribie Island Butterfly House, spotting hundreds of butterflies in a range of colours. The group held black, spiky caterpillars, before grabbing a bite to eat at Scoopy's Sidewalk Cafe.

DUCK TALES: Early risers made the most of their day, going for a relaxing walk around the community and lagoon. After making a pitstop in Tygum Park, residents fed a friendly flock of ducks, before returning home again.



GRAPE ESCAPE: Sunshine, blue skies and wine were just some of the highlights for residents who ventured out to Albert River Wines. Following the winery tour, the group enjoyed a delicious morning tea and lunch, while taking in the gorgeous surroundings.

Our Communities

SALES COMMUNITIES

MANGO HILL

28 Akuna Way,
Mango Hill, QLD

Sales Enquiries:

☎ Claire on
0411 654 026



SINNAMON PARK

147 Oldfield Rd
Sinnamon Park, QLD

Sales Enquiries:

☎ Chris on
0472 878 783



WATERFORD WEST

881 Kingston Rd
Waterford West, QLD

Sales Enquiries:

☎ Lori on
0439 389 849



NEW DEVELOPMENTS

HOLLAND PARK

✉ **Email:**
webenquiry@seasonsliving.
com.au

🌟 **Visit our website:**
seasonsliving.com.au/
holland-park

SINNAMON PARK

147 Oldfield Rd
Sinnamon Park, QLD

Sales Enquiries:

☎ Chris on
0472 878 783



For more information visit
[seasonsliving.com.au](https://www.seasonsliving.com.au)

RENTAL COMMUNITIES

BRIBIE ISLAND

44/46 Melrose Ave,
Bellara, QLD

CALOUNDRA

30 Baldwin Street,
Golden Beach, QLD

EASTERN HEIGHTS

44 Grange Road,
Eastern Heights, QLD

KALLANGUR

1321 Anzac Ave,
Kallangur, QLD

REDBANK PLAINS

15 Argyle Street,
Redbank Plains, QLD

RENTAL ENQUIRIES

✉ rentals@seasonsliving.com.au
🌟 [seasonsflexi.com.au](https://www.seasonsflexi.com.au)



Home Care and DVA is available at Mango Hill, Sinnamon Park, Waterford West, Bribie Island, Caloundra and Kallangur.



We Welcome Feedback

At Seasons, we recognise that feedback provides a valuable opportunity to improve. We welcome all forms of feedback. If you would like further information regarding our complaints management approach, please speak with the Community Manager or email info@seasonsliving.com.au

Statement of Rights



I have a right to:
















1. Independence, autonomy, empowerment and freedom of choice
2. Equitable access
3. Quality and safe funded aged care services
4. Respect for privacy and information
5. Person-centred communication and the ability to raise issues without reprisal
6. Advocates, significant persons and social connections.

The Australian Government has created the Statement of Rights to coincide with the new Aged Care Act.

The Statement of Rights is designed to explain the rights of seniors when accessing aged care services and has replaced the current Charter of Aged Care Rights from 1 November 2025.

Note: <https://www.agedcarequality.gov.au/workers/reform-changes-workers/statement-rights>

Support Services:

	Older Persons Advocacy Network	 1800 700 600	 opan.org.au
	My Aged Care	 1800 200 422	 servicesaustralia.gov.au
	The Aged Care Quality and Safety Commission	 1800 951 822	 agedcarequality.gov.au
	National Disability Insurance Scheme (NDIS)	 1800 035 544	 ndiscommission.gov.au
	Association of Residents of Queensland Retirement Villages (ARQRV)	 1800 951 822	 arqrv.org.au

ARQRV is a government-recognised agency for retirement village residents and can help provide support and advice to residents for a membership fee. Please contact ARQRV for further details.