

seasons *living*

Spring 2026
seasonsliving.com.au



WELCOME
TO SEASONS
CARE SUITES

FRIENDSHIPS
FORMED IN
RETIREMENT

IN STYLE:
SINNAMON'S
NEW LOOK

MEET NEW
COMMUNITY
MANAGER

RETIREMENT LIVING • HOME CARE & DVA • RESIDENTIAL AGED CARE

Welcome

Every meal shared at Seasons is an opportunity to create memories, strengthen connections and foster a sense of belonging.

I am delighted to join Seasons as Hospitality Manager and to help create meaningful dining experiences for the residents who call our communities home. This newly created role reflects Seasons' ongoing commitment to delivering enjoyable and high-quality dining experiences.

I will be working closely with Community Managers and Hospitality Teams to further enhance dining and hospitality services across our communities. My focus will be on enhancing seasonal menus, food quality, kitchen operations, service delivery, team development, and safety and regulatory standards.

With more than a decade of experience leading large-scale food production, quality initiatives and hospitality services across aged care facilities, I am excited to bring my knowledge and passion to Seasons. Earlier in my career, I gained valuable international culinary experience before returning to Australia to serve as Executive Head Chef at Jupiter's Hotel and Casino.

While I am passionate about all aspects of hospitality, I am especially aware of the important role food plays in bringing people together.

Beyond taste and nutrition, food creates opportunities for wellbeing, connection and community that are especially meaningful in retirement living.

In this edition, we celebrate Seniors Month and the 2026 theme, 'Connect and Celebrate'. This feature highlights one of the many wonderful friendships formed within our communities, where a shared morning tea grew into a valued daily ritual.

I look forward to meeting many of you in the months ahead and working with our teams to continue delivering exceptional dining experiences for residents.



Russell Kearney - Hospitality Manager

In Brief: School Choir Hits Right Note

It was music to the ears of Seasons residents when they were treated to a performance by a local homeschool choir.

A vibrant group of 26 students from The North Lakes Home School Group visited Seasons Mango Hill and performed crowd favourites Cake and Making Waves.

Following the performance, residents enjoyed a delicious morning tea while chatting with the students.

After hours of crocheting, resident Pat proudly presented each student with a handmade bear or doll, while the students gifted residents heartfelt handwritten letters.

These special visits foster meaningful connections between generations and help build a positive understanding of ageing among young people.





Seasons: A Place to Call Home For Life



Trusted by families across Queensland for 15 years, Seasons has established itself as a leading retirement living provider.

Alongside spacious and modern apartments, the Seasons model gives seniors confidence that support is available as their needs change over time.



With the added benefits of 24/7 onsite care, gated communities and nutritious meals, residents can enjoy greater independence while families gain valuable peace of mind.

"Seasons is committed to creating purpose-built homes for seniors with assistance available to support their care needs as they change," Seasons CEO Jodie Gaske said.

"Many residents move into our communities as independent retirees, with the option of accessing home care services as their needs evolve."

"If additional support is required, they also have the option of transitioning into our Care Suites."

Seasons Care Suites are co-located residential aged care facilities designed for residents who require full-time assistance or palliative care.



Supported by a trusted Care Team and familiar surroundings, residents can continue calling Seasons home for life.

This model helps reduce the stress, cost and disruption that can often come with relocating to a different aged care provider later in life.



Seniors Month: Friendships Never Retire

Many believe the greatest gift in life is friendship, and this becomes even more important in retirement.

The 2026 Queensland Seniors Month theme is Connect and Celebrate, recognising the importance of meaningful social connections as we age.

At Seasons, friendships are formed every day through shared experiences, common interests and community life.

John and Jeff may be rivals during State of Origin, but at all other times, the pair are the best of friends, sharing morning tea together every day and supporting one another through life's challenges.

Judi and Don bonded over board games, music and wine, and say finding each other in retirement has made "the world of difference".

Carol and Jody have shared more than four decades of friendship and consider each other more like sisters than friends.

Ruth and Jan quickly formed a close friendship through shared adventures, daily catch-ups and many games of cards together.

Myles and Carol developed a strong connection after moving to Seasons, bonding over their shared humour and interests.

Les and Peter are united by food, footy and good conversation, often spending time together in the dining room and at men's outings.



Deep Dive into Frank's Treasure Chest

For Seasons Living resident Frank Hayman, his shell collection is a lifetime of adventure.

The 92-year-old began collecting shells in 1962 while working in Thailand, spending his weekends scuba diving in search of rare finds.

His career later took him to the Philippines, India and Brunei, where he continued exploring the waters and adding to his growing collection.

"I couldn't wait to get back into the water and there was never a weekend I went without scuba diving," Frank said.

Over the years, Frank amassed an estimated 43,000 shells from 30 countries across the Pacific Rim, including many rare and extinct species.

Among his most treasured shells are the Cypraea Valentia, Tibia, Paper Nautilus and Golden Cowrie. However, his favourite is the Conus Gloriamaris, or 'Glory of the Sea', one of the world's most sought-after shells.

"I was once offered \$15,000 for a rare shell, but I don't sell shells, I collect them," Frank said.

For Frank, every piece represents a memory from a life spent exploring the oceans.

"To me, they are far too precious to sell and they remind me every day of how precious life is too."





Stay Social

MANGO HILL

SUGAR STOP

Nothing was sweeter than the pop-up candy shop with milk bottles, marshmallow swirls, decadent rocky road and more on offer. The Ole Candy Shop set up at Seasons Mango Hill and was the cherry on top of Easter celebrations which included a concert, raffles and a visit from the Easter Bunny.

MOTHERLOAD MARKET

Candles, crystals, fashion and natural beeswax were just some of the goodies on sale at the Seasons Mother's Day Markets. Visiting vendors joined our own talented residents, who hosted stalls showcasing beautifully handmade crocheted blankets, plants and baked goods.

STATE SHOWDOWN

Footy fever took over for the 2026 State of Origin series. Rugby League fans dressed in maroon and blue, with curly wigs, jerseys and decorations filling the dining room. Residents watched all three games on the big screen in the community cinema, with NSW ultimately winning the series.

RETRO RIDE

Male residents travelled back in time during their monthly men's catch up. On this occasion, the group visited the Caboolture Historical Museum, where they were transported around the grounds by tour guides on a golf buggy. Residents loved seeing the vintage cars, farm machinery and the original police house and jail.

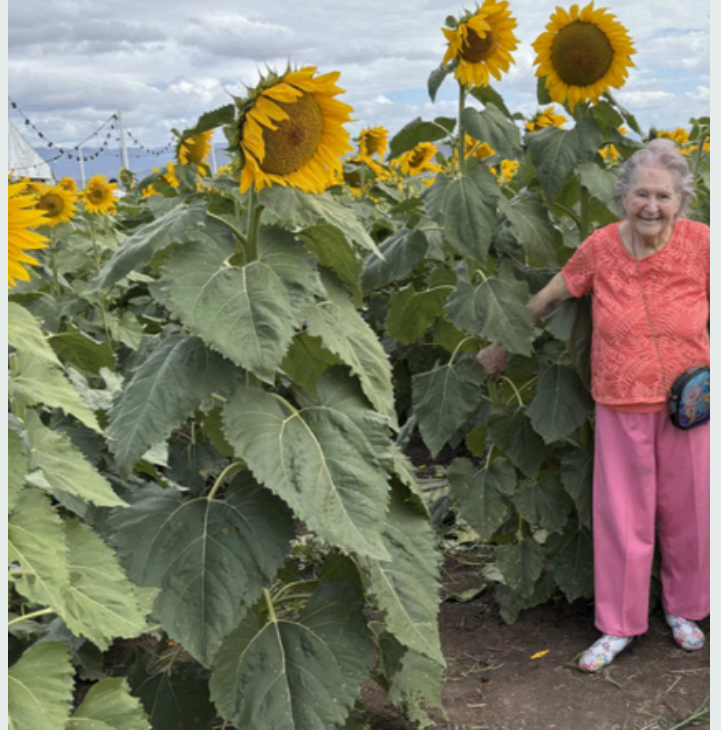


Stay Social

SINNAMON PARK

GOLDEN GETAWAY

Fields of sunshine and shades of yellow surrounded residents during their trip to the Kalbar Sunflower Festival. After stopping to smell the vibrant blooms, the group enjoyed a delicious Devonshire high tea, sharing laughs, stories and memorable moments throughout the day.



ENCHANTED ESCAPE

Flying broomsticks, owls delivering mail and glasses of overflowing butterbeer may seem strange but as residents discovered, these spellbinding scenes are normal in the world of Harry Potter. The group visited Samford's series-inspired The Owlery Café and Room of Requirement Store and had a magical time.



TROPICAL TUNES

Residents were left doing the hula during the Seasons Hawaiian party, with an Elvis impersonator stopping by to deliver an incredible performance. Dressed in leis, Hawaiian shirts and Summer florals, residents sipped on Midori-Splice cocktails and sung along to their favourite music by 'The King'.

SCENIC SPIN

With their feet up and the wind in their hair, several residents hopped aboard a trishaw bike and set across Rocks Riverside Park in Seventeen Mile Rocks, enjoying the sunshine, stunning views and plenty of cheerful conversation along the way.





Stay Social

WATERFORD WEST

CAMEL CAMEO

Adventuring out to the Scenic Rim, residents enjoyed a day trip to Summerland Camels, where they got up and close with the friendly camels and even tasted some of the dairy products. Residents heard fascinating facts about camels and stopped by the gift store to pick up some memorabilia.

DRUMROLL PLEASE

The sound of bagpipes echoed through the halls when the Queensland Police Pipes and Drums returned to Seasons to deliver an incredible performance. The kilt-wearing band was formed by the Queensland Police Service in 1956 to connect with the community.

CASINO CRUISE

Swapping the calm southside for the hustle and bustle of Brisbane's CBD, residents from Waterford West sailed across the Brisbane River on the City Cat for the day. Once ashore, the group enjoyed a coffee and lunch at The Star Casino.

WHEEL WORKS

During an informative presentation, John from Active Scooters demonstrated how to use various types of electric wheelchairs, answered resident questions and shared valuable safety tips, ensuring everyone was confident in using their mobility equipment. Afterwards, John performed free scooter and tyre pressure checks for residents.



Employee Spotlight: Meet Vicente

From serving the skies with international airlines and sailing the seas on cruise ships, to working in five-star luxury hotels, Vicente Ripoll has already amassed an impressive and diverse career. Since joining the Seasons team in his new role as Waterford West Community Manager, Vicente has quickly discovered a new sense of purpose in supporting the residents who call Seasons home.

Q: What do you love most about your job?

A: What I love most is the people - both our residents and the team. Every day is different and being able to create experiences that genuinely brighten someone's day is incredibly rewarding. There's a real sense of community here, and that's something I truly value. The moments that stand out the most are when you see residents happy and engaged. Whether it's during an event or a simple day-to-day interaction, those moments are always a reminder of why I love what I do.

Q: What is your career background?

A: My background is in hospitality, events, and marketing, which has given me a great balance of operational and people-focused experiences. Before joining Seasons, I worked across a range of roles, from coordinating large-scale events to leading teams. It's been a journey that has really shaped how I lead and connect with people today.

Q: What inspired you to pursue a career in the aged care industry?

A: Being able to make a positive impact, even in small ways, is what drives me and this industry gives me the opportunity to do that every day.

Q: What are you most excited about achieving as Community Manager in the next 12 months?

A: I'm excited to continue building a positive and engaging culture within the community. There's so much potential to bring in new ideas, elevate experiences and create moments that residents genuinely look forward to. I'm really excited about what's ahead and feel very fortunate to be part of such a supportive team and community. I'm looking forward to continuing to build something really special together.

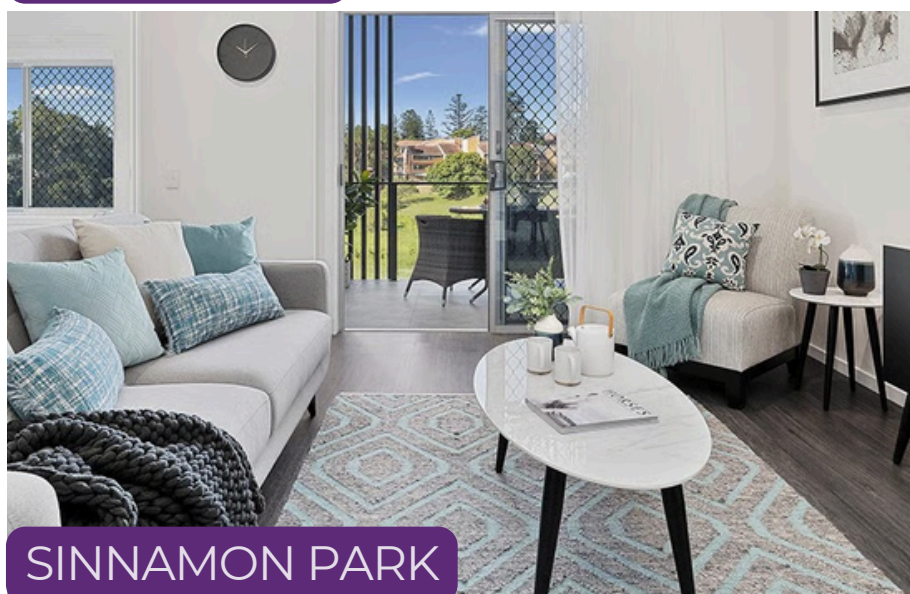
Q: When you are not at Seasons, where would we find you?

A: You would most likely find me spending time with my partner and our dog, or working on new ideas and projects. I also enjoy staying active and exploring new places whenever I can.

**FOR CURRENT VACANCIES, PLEASE
VISIT THE CAREERS PAGE AT
[SEASONSLIVING.COM.AU](https://seasonsliving.com.au)**



Our Communities & Sales Consultants





WE WELCOME FEEDBACK

At Seasons, we recognise that feedback provides a valuable opportunity to improve.

We welcome all forms of feedback. If you would like further information regarding our complaints management approach, please speak with the Community Manager or email info@seasonsliving.com.au

STATEMENT OF RIGHTS

I have a right to:

- 1. Independence, autonomy, empowerment and freedom of choice
- 2. Equitable access
- 3. Quality and safe funded aged care services
- 4. Respect for privacy and information
- 5. Person-centred communication and the ability to raise issues without reprisal
- 6. Advocates, significant persons and social connections.

The Australian Government has created the Statement of Rights to coincide with the new Aged Care Act.

The Statement of Rights is designed to explain the rights of seniors when accessing aged care services and has replaced the current Charter of Aged Care Rights from 1 November 2025.

<https://www.agedcarequality.gov.au/workers/reform-changes-workers/statement-rights>

SUPPORT SERVICES	PHONE	WEBSITE
Older Persons Advocacy Network	1800 700 600	opan.org.au
My Aged Care	1800 200 422	servicesaustralia.gov.au
The Aged Care Quality & Safety Commission	1800 951 822	agedcarequality.gov.au
National Disability Insurance Scheme (NDIS)	1800 035 544	ndiscommission.gov.au
Association of Residents of Queensland Retirement Villages (ARQRV)	1800 951 822	arqrv.org.au